

# Water Safety Instructor/Lifeguard

Friends of + POOL seeks Water Safety Instructors and Lifeguards for our Bluefish program, offered year-round for the first time during after school hours. The successful candidates will be responsible for planning and delivering swim and water safety lessons to individuals ages 5-17, adapting instruction to diverse abilities while maintaining a safe, supportive learning environment. This position is an in-person temporary hourly position (\$35/hr) to begin December 2025 and end May 2026.

Candidates must be available to report to work in person in the Lower East Side of NYC during program hours:

## December 2025

Tuesdays, Wednesdays, and Thursday from 4-6pm. (6 hours per week + two hours paid training)

## January-May 2026

Tuesday and Thursdays 4-6pm (4 hours per week with potential for additional hours during school vacations)

## Overview of Responsibilities

- Teach water safety and swimming skills in line with curriculum guidelines to participants using logical lesson progression and curriculum tailored for the Bluefish program, fostering excitement and respect for the water.
- Plan and organize class outlines, adapting teaching methods to match participants' abilities and experience.
- Ensure safety of all attendees during lessons; enforce pool safety standards and respond quickly in emergency situations.
- Develop positive rapport with students and parents, providing feedback on skill development and progress.
- Maintain appropriate records of attendance, lesson completion, accidents, and incidents for program reporting.
- Help organize and assist in special Bluefish activities or events, supporting community swim education outreach.

## Preferred Qualifications

- Current Water Safety Instructor certification (e.g., American Red Cross).
- CPR, First Aid, and AED certifications.
- Strong swimming skills and ability to demonstrate multiple strokes.
- Experience working with children and adults in aquatic settings is preferred.
- Effective communication, patient demeanor, and the ability to motivate beginners

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This position offers the opportunity to make a lasting impact in the community through aquatic education and safety. Candidates will also receive paid training in program standards as promulgated by the CDC Foundation on expected benchmarks to be achieved. Candidates requiring additional certification in lifeguarding and water safety instruction will also receive training through the American Red Cross, with any costs associated with the training paid for by us. Hiring is contingent on a standard background check for working with youth.

To apply, please submit current aquatics experience and letter of interest to:  
[programs@pluspool.com](mailto:programs@pluspool.com).